



Better Lives for People in Leeds

The Time of Our Lives: Making Leeds
the Best City in the UK to Grow Old

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Leeds City Council
(Co-Chair, Leeds Ageing Well
Board)

&

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& Smart Cities Lead



The Leeds Demographics

dignity  means... engaging with family members and carers



"We're in this together - services must involve carers"

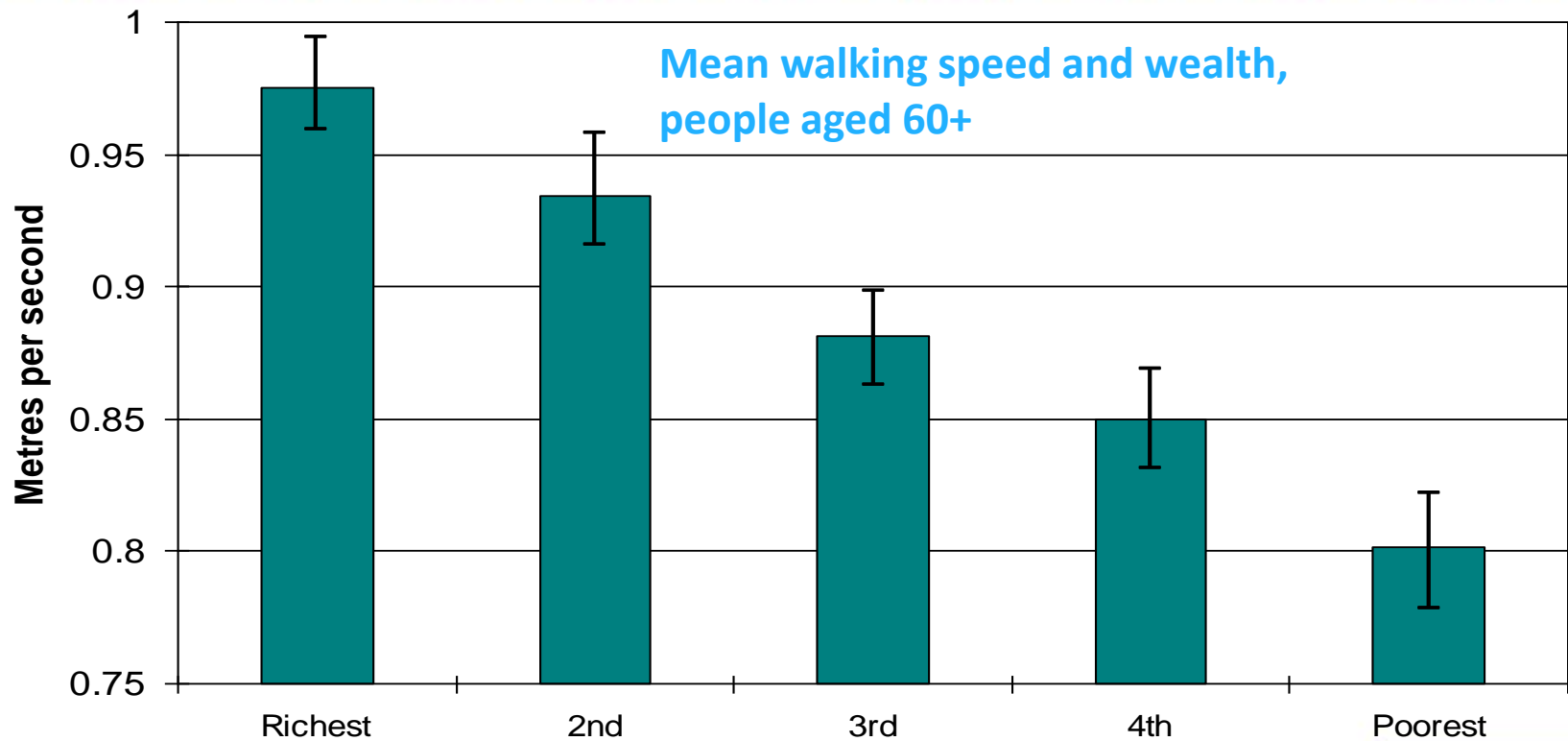
Elvira Magrath, the Forgetfulness Club, Chapeltown

dignity 
dignity is Leeds's national care services for older people in Leeds.
For further information on the dignity in care campaign visit www.dignityinleeds.org.uk

Leeds  



Inequalities in later life



English Longitudinal Study of Ageing

A 'citizenship' approach to ageing

<u>Medical</u>	<u>Care</u>	<u>Citizenship</u>
Patient	Service User/Customer	Citizen
Focus on individual	Focus on individual, family and informal support	Focus on social networks neighbourhood and city
Clinical interventions	Care interventions	Promoting social capital and participation
Commission for 'frail elderly'	Commission for vulnerable people	Age-proofing universal services
Prevention of entry to hospital	Prevention to delay entry to care system	Reducing social exclusion
Health (and care system)	Whole system	Changing social structure and attitudes



The Time of Our Lives: Implementation (some examples of priority work areas)

- Tackling Loneliness and Social Isolation
- Preventing Excess Winter Deaths
- Intergenerational Work
- Healthy and Active Lives (Exercise, Nutrition)
- Transport
- Information (Inc. Digital Inclusion)
- City Centre Management
- Employment (Inc. Work, Retirement, Volunteering).
- Cultural Offer
- Leeds – A Dementia Friendly City
- Asset Based Community Development/Harnessing Social Capital

Citizen Driven Health and Care



Citizen Engagement

- Bottom up not top down
- Use of existing networks and communities
- Co-production- 'doing with' not 'doing to'
- From passive to active
- Providing tools to helping people take control
- Building outcome evidence through prototypes

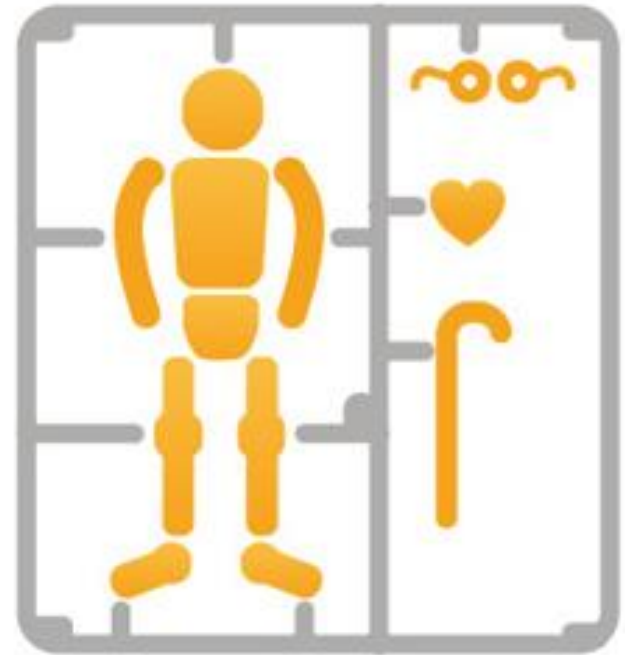


Citizen Driven Health

Bob often feels that he's seen by public services as a collection of bits and illnesses

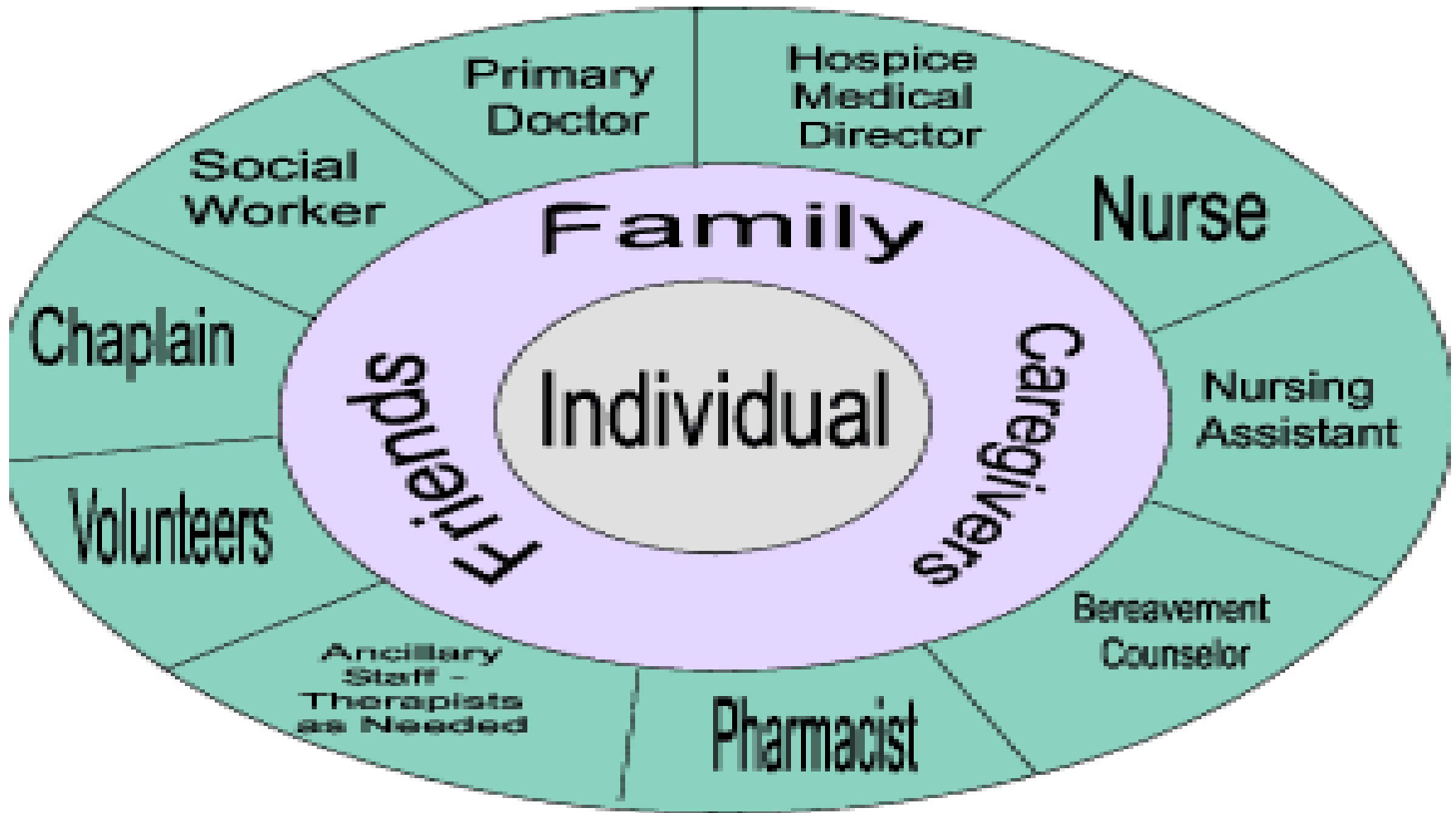


Bob as seen by his friends and family



Bob as seen by the healthcare system

Coordination of Care



The process of social innovation with links across the Pioneers

